



April Yoga & Social Calendar



Date	Slow Vibe	Pawsitive Flow	Golf Workshop	The Foundation	The Reset
Sat-Apr 5		COMING		2 – 3:30pm	
Sun-Apr 6	12 – 2:30pm	IN			
Sat-Apr 12		MAY	4 – 8pm	2 – 3:30pm	
Sun-Apr 13	12-2:30pm				
Sat-Apr 19			4 – 8pm	2 – 3:30pm	
Sun-Apr 20	CLOSED				
Sat-Apr 26				2 – 3:30pm	5 – 9:30pm
Sun-Apr 27	12-2:30pm				

All prices include tax plus cost of any add ons please see website by clicking link for add-ons.

Slow Vibe and Pawsitive Flow \$39 (\$29 Member) per person

Golf Workshop For Women with take home practice \$69 (\$59 Member) per person

The Reset \$94 (\$84 Member) per person

The Foundation 6 Hour Program \$249 (\$229 Member)

All classes and events are held at [Limber Womens' Only Studio](#) 244-366 Adelaide Street East, Toronto. We provide a full service experience with pre set high quality mats, props, towels, water and blankets to be used on-site. As well we provide crystals and sleep masks to ensure the most luxurious savasana. Member: Members of Limber Womens Only Studio and Followers of Yoga Warrior Wellness Collective on LinkedIn.